

Social Care & Health Scrutiny Committee Task & Finish Group 2019/20

Suicide Prevention in Carmarthenshire

Draft Planning & Scoping Document

Task & Finish Objective(s)	Further improve awareness, knowledge and understanding of suicide in Carmarthenshire.
Context	<p>The Social Care & Health Scrutiny Committee has a key role to play in monitoring services, development of key policies and strategies, as well as identifying areas for improvement or development within their remit.</p> <p>At its pre-meeting on the 24th September, the Social Care & Health Scrutiny Committee agreed in principal to undertake a review into suicide prevention in Carmarthenshire.</p> <p>People from across all types of local communities die by suicide and most suicides are the result of a wide and complex set of interrelated factors. As a result, suicide prevention requires work across a range of settings targeting a wide variety of audiences. ¹</p> <p>Research and statistics show:²</p> <ul style="list-style-type: none"> • There were 360 registered deaths from suicide in Wales in 2017 and there has been no apparent downward trend over time. • Of the 360 registered suicides in 2017, 24 were in Carmarthenshire (4th highest by Local Authority). • Around three-quarters of people in Wales who die from suicide are men. • There is no single reason why someone may try to take their own life. However certain factors or problems may make suicide more likely. • Rates of suicide are higher in the most deprived local areas when compared to the least deprived local areas. • Low skilled workers had the highest level of risk with the next major groups with elevated risk was caring and leisure.

¹ Public Health England. Local Suicide Prevention Planning a practical resource (October 2016)

² The Office of National Statistics

<p>Membership</p>	<p><u>Elected Members</u></p> <ul style="list-style-type: none"> • Up to 7 Elected Members appointed to reflect the political balance of the Council as whole. <ul style="list-style-type: none"> ○ Cllr. Gwyneth Thomas (Chair) – Plaid ○ Cllr. Emlyn Schiavone – Plaid ○ Cllr. Dorian Williams - Plaid ○ Cllr. Ieuan Davies (Vice Chair) – Independent ○ Cllr. Louvain Roberts – New Independent Group ○ Cllr. Ken Lloyd – Labour ○ Cllr. Amanda Fox - Labour <p><u>Advisors / Support Officers</u></p> <ul style="list-style-type: none"> • Avril Bracey, Head of Mental Health & Learning Disabilities
<p>The main aims of the review</p>	<ul style="list-style-type: none"> • To undertake a review of existing resources. • To review strategy and action plan and services in place. • To establish how effectively partners work together to achieve outcomes. • To formulate recommendation for consideration by the Executive Board.
<p>Scope of the review</p>	<p>The review will focus on Carmarthenshire’s strategy and plan to address and improve awareness and understanding of suicide.</p>
<p>How it will contribute to achieving corporate / community objectives and well-being objectives</p>	<p>Contributes to the following outcomes from the County Council’s Corporate Strategy 2018-2023</p> <ul style="list-style-type: none"> • People in Carmarthenshire are healthier • Providing services as efficiently as possible, ensuring value for money • Investigating and developing new ways of working and providing services • Increasing collaboration with our partners and communities in order to support the delivery of services. <p>The project will link directly to the following Carmarthenshire County Council Well-being objectives</p> <ul style="list-style-type: none"> • Help people live healthy lives (tackling risky behaviour and obesity). • Supporting good connections with friends, family and safer communities. <p>Moving Forward in Carmarthenshire</p> <ul style="list-style-type: none"> • Ensure the Council fully responds and complies with the requirements of the Social Services and Well-being Act including: <ul style="list-style-type: none"> ○ developing 24-hour access to Information, Advice and Assistance (IAA) services. ○ establishing a regional joint committee for social services with relevant partners.

	<ul style="list-style-type: none"> • Work with partners including Hywel Dda University Health Board and third sector providers to ensure appropriate mental health care services and support are available. 																
List of key stakeholders [not exhaustive]	<ul style="list-style-type: none"> • Mental Health and Learning Disability Services • Integrated Services • Education & Children’s Services • Public Health Wales • Hywel Dda University Health Board (HDUHB) • Wales Ambulance Service Trust (WAST) • Dyfed Powys Police • Third Sector / Charities e.g. Samaritans, West Wales Action for Mental Health (WWAMH). • Other as identified 																
What information / documents are required to inform the work of the study? [not exhaustive]	<ul style="list-style-type: none"> • Current Strategies and Plans • Mid & South West Regional Forum strategy evaluation report • Talk to me 2: suicide and self-harm prevention strategy for Wales 2015 to 2020 (Welsh Government) • Everybody’s Business – A report on suicide prevention in Wales (National Assembly for Wales) • Supporting farming communities at times of uncertainty (Public Health Wales and Mental Health foundation) 																
Timescale for completion of the review	<p>5th March, 2020</p> <ul style="list-style-type: none"> • Draft Planning & Scoping Document to SC&H Scrutiny Committee <p>Research and Evidence Gathering period – February to October 2020:-</p> <table border="1"> <tr> <td>13th February, 2020</td> <td>T&F Group Meeting 1 <ul style="list-style-type: none"> • Agree overall approach & plan for the review </td> </tr> <tr> <td>9th March, 2020</td> <td>T&F Group Meeting 2</td> </tr> <tr> <td>30th April, 2020</td> <td>T&F Group Meeting 3</td> </tr> <tr> <td>14th May, 2020</td> <td>T&F Group Meeting 4</td> </tr> <tr> <td>17th June, 2020</td> <td>T&F Group Meeting 5</td> </tr> <tr> <td>16th September, 2020</td> <td>T&F Group Meeting 6</td> </tr> <tr> <td>7th October, 2020</td> <td>T&F Group Meeting 7</td> </tr> <tr> <td>19th November, 2020</td> <td>Final Report to Committee</td> </tr> </table>	13th February, 2020	T&F Group Meeting 1 <ul style="list-style-type: none"> • Agree overall approach & plan for the review 	9th March, 2020	T&F Group Meeting 2	30th April, 2020	T&F Group Meeting 3	14th May, 2020	T&F Group Meeting 4	17th June, 2020	T&F Group Meeting 5	16th September, 2020	T&F Group Meeting 6	7th October, 2020	T&F Group Meeting 7	19th November, 2020	Final Report to Committee
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